

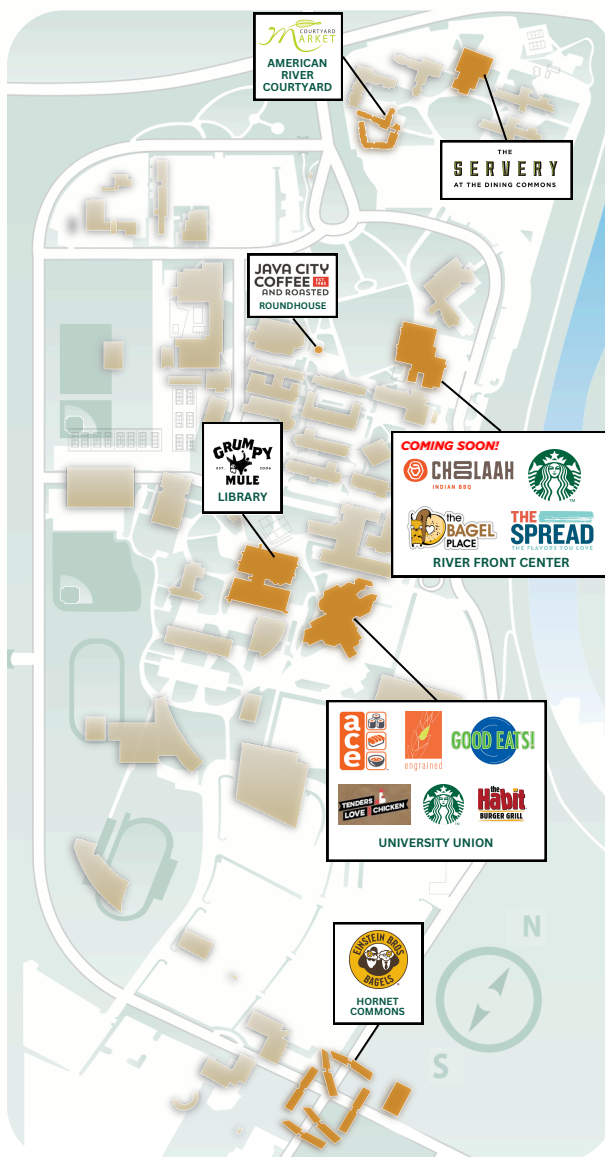


HORNET HOSPITALITY

# MEAL EXCHANGE GUIDE

FALL 2025

## HORNET HOSPITALITY Locations



[f](https://www.facebook.com/HornetsDining) [@HornetsDining](https://www.instagram.com/HornetsDining)  
HornetHospitality.com



## MEAL EXCHANGE

You can exchange a meal swipe for a meal at the following locations, selecting from a pre-determined menu at each venue!



River Front Center

Modern Indian BBQ made fresh!

### Meal Option 1

**Entrée:** Regular bowl (Chicken, tofu, paneer, or spicy chicken)  
**Side:** Samosa OR Orange OR Apple  
**Beverage:** Fountain Drink OR Water



River Front Center

### Meal Option 1

**Entrée:** 6 in. Ham and American Sandwich  
**Side:** Miss Vickie's Chips  
**Beverage:** Fountain Drink OR Water

Stacked sandwiches and paninis made your way.

### Meal Option 3

**Entrée:** 6 in. Four Cheese Sandwich  
**Side:** Miss Vickie's Chips  
**Beverage:** Fountain Drink OR Water

### Meal Option 2

**Entrée:** 6 in. Tuna salad Sandwich  
**Side:** Miss Vickie's Chips  
**Beverage:** Fountain Drink OR Water

### Meal Option 4

**Entrée:** Chicken Caesar Wrap  
**Side:** Apple OR Miss Vickie's Chips  
**Beverage:** Fountain Drink OR Water



River Front Center

Bagel sandwiches, done right.

### Meal Option 1

**Entrée:** Any Breakfast Sandwich (excluding Lox)  
**Side:** Whole Apple OR Orange  
**Beverage:** Fountain Drink

### Meal Option 2

**Entrée:** Turkey Pesto, OR BLTA, OR Classic Turkey, OR Peanut Butter and Jelly Bagel, OR Veg Out  
**Side:** Chips  
**Beverage:** Fountain Drink



University Union

Your campus destination for delicious chicken tenders!

#### Meal Option 1

**Entrée:** Three (3) Piece Chicken Strips  
**Side:** Fries  
**Beverage:** Fountain Drink

#### Meal Option 2

**Entrée:** Chicken Wrap  
**Side:** Fries  
**Beverage:** Fountain Drink



engrained

Sac State's only full-service restaurant!

University Union

#### Meal Option 1

**Entrée:** Hornet Burger  
**Side:** Sea Salt Fries  
**Beverage:** Fountain Drink

#### Meal Option 2

**Entrée:** Vegan Falafel Bowl  
**Side:** Sea Salt Fries  
**Beverage:** Fountain Drink

#### Meal Option 3

**Entrée:** Chicken Caesar Salad  
**Side:** Sea Salt Fries  
**Beverage:** Fountain Drink



University Union

Fresh comfort food, right on campus.

#### Meal Option 1

**Entrée:** Turkey Pesto, OR Chipotle Chicken, OR Vegan Hummus Sandwich  
**Side:** One Apple OR Orange OR Chips  
**Beverage:** Fountain Drink

#### Meal Option 2

**Entrée:** Asian Chicken Salad  
**Side:** One Apple OR Orange OR Chips  
**Beverage:** Fountain Drink



Hornet Commons

Fresh-baked bagels and coffee to fuel your day.

#### Meal Option 1

**Entrée:** Turkey-Sausage & Cheddar with Two (2) Eggs  
**Side:** Hash Brown Meal Deal  
**Beverage:** Medium Coffee OR Bottle Water

#### Meal Option 2

**Entrée:** Garden Avocado with Two (2) Eggs  
**Side:** Hash Brown Meal Deal  
**Beverage:** Medium Coffee OR Bottle Water



University Union

Burgers grilled to perfection!

#### Breakfast Meal

**Entrée:** Breakfast Char Burger  
**Side:** Tater Tots  
**Beverage:** Orange Juice

*Breakfast*  
7:30 AM – 10:00 AM  
*Lunch / Dinner*  
10:00 AM – 7:00 PM

#### Lunch/Dinner Meal Option 1

**Entrée:** Char Burger  
**Side:** Fries  
**Beverage:** Regular Drink

#### Lunch/Dinner Meal Option 2

**Entrée:** Veggie Burger  
**Side:** Fries  
**Beverage:** Regular Drink

#### Lunch/Dinner Meal Option 3

**Entrée:** Grilled Cheese  
**Side:** Fries  
**Beverage:** Regular Drink



Residence Quad

Snacks, essentials, and more—right when you need them. EBT/ SNAP accepted!

#### Breakfast Meal

**Entrée:** Bagel with Cream Cheese, OR Breakfast Pastry, OR Jimmy Dean Sausage  
**Side:** One Hard Boiled Egg, OR Apple, OR Orange  
**Beverage:** Coffee OR Juice Box

*Breakfast*  
7:30 AM – 10:00 AM

#### Lunch/Dinner Meal Option 1

**Entrée:** Deli Sandwich (Turkey)  
**Side:** Chips  
**Beverage:** Fountain Drink

#### Lunch/Dinner Meal Option 2

**Entrée:** Cheese Pizza OR Pepperoni Pizza  
**Side:** Chips OR Side of Salad  
**Beverage:** Fountain Drink

*Lunch / Dinner*  
11:00 AM – 8:00 PM

#### Hot Meal Program

**M:** Chicken Tenders  
**T:** Nachos  
**W:** Orange Chicken OR Stir Fry Vegetables  
**T:** Lasagna OR Vegetable Lasagna  
**F:** Loaded Fries

*\*All Hot Meals include appropriate toppings, a side, and a medium fountain beverage.*  
*Lunch: 11:00 AM – 2:00 PM*  
*Dinner: 5:00 PM – 8:00 PM*

*\*Meal Swipes used for the Hot Meal Program*



Flex\$ can be used to purchase all menu items at the locations below!



University Union



University Library



The Roundhouse



River Front Center  
University Union  
Starbucks Truck

## Level Up YOUR MEAL PLAN

Meal Plan	Flex \$*	Meal Exchange*	Guest Meals*	Average Cost per Meal	Student Price*
<b>Unlimited</b>	<b>100</b>	<b>100</b>	<b>10</b>	<b>BEST VALUE! \$8.42</b>	<b>\$3,013</b>
Weekly 14	125	100	10	\$12.23	\$2,987.5
Weekly 10	125	75	5	\$16.21	\$2,800
Weekly 8**	50	50	3	\$16.98	\$2,275

UNLOCK UNLIMITED FOR ONLY \$25.50

Upgrade by September 5 on your Housing Portal

### Get more for your money with The Unlimited Plan!



#### Great Value

For just \$25.50 more than the Weekly 14 Plan, you get complete flexibility and convenience.



#### Unlimited Dining Freedom

Enjoy unlimited meals at The Served whenever you want—no restrictions!

\*Per Semester

\*\*The Weekly 8 Meal Plan is available to students of junior class standing or higher and who live in American River Commons, Riverview Hall or Hornet Commons.