



## SUNRISE SANDWICHES

Add \$0.75 if you'd like two eggs

- #1** Salmon, egg, cheese, and shmear ..... **670-790 Cal**    **\$9.19**
- #2** Bacon, egg, cheese, and shmear ..... **730-850 Cal**    **\$6.89**
- #3** Ham, egg, cheese, and shmear ..... **660-780 Cal**    **\$6.89**
- #4** Sausage, egg, cheese, and shmear ..... **750-880 Cal**    **\$7.09**
- #5** Egg, cheese, and shmear ..... **600-730 Cal**    **\$6.09**
- #6** No egg with meat, cheese, and shmear..... **570-790 Cal**    **\$6.49**
- #7** Egg, veggies, and shmear ..... **540-550 Cal**    **\$5.49**

## NUTZO'S NIBBLERS

- NUTZO'S NUTELLA TREAT** ..... **570-630 Cal**    **\$4.99**
- TOASTED BAGEL AND SHMEAR** ..... **440-520 Cal**    **\$4.59**
- TOASTED BAGEL** ..... **260-320 Cal**    **\$2.89**
- PEANUT BUTTER & JELLY BAGEL** ..... **500-560 Cal**    **\$5.79**

## Signature SANDWICHES

- GOLDIE LOX** ..... **620 Cal**    **\$9.19**  
Mixed seed bagel with garlic-herb shmear, salmon, spinach, roasted red peppers, tomato, and Swiss cheese
- CLUCKIN' CLUB** ..... **710-750 Cal**    **\$8.89**  
Plain bagel with pesto shmear, turkey, bacon, spinach, tomato, and your choice of cheese
- NUTZO'S DYNAMITE HAMWICH** ..... **730-770 Cal**    **\$8.89**  
Jalapeño cheese bagel with shmear, ham, egg, spinach, jalapeños, red onion, and cheddar cheese
- VEG OUT** ..... **560 Cal**    **\$7.09**  
Mixed seed bagel with garlic-herb shmear and hummus, cucumber, tomato, sprouts, spinach, and red onion
- SMASHED AVOCADO** ..... **360 Cal**    **\$6.89**  
Smashed avocado seasoned with lemon, salt, & red pepper flakes on a wheatberry bagel
- TOMATO, AVOCADO, MOZZARELLA** ..... **560 Cal**    **\$7.09**  
Plain bagel topped with avocado spread, mozzarella cheese, tomatoes, & everything bagel seasoning

## NUTZO'S FAVORITES

**BLTA** ..... **550-650 Cal**    **\$8.99**

Plain bagel, bacon, lettuce, tomato, avocado, mayo, or shmear

**CALI** ..... **480-580 Cal**    **\$8.89**

Wheat bagel, turkey, avocado, lettuce, tomato, mayo, or shmear

**HAM AND SWISS** ..... **520-620 Cal**    **\$8.59**

Plain bagel, ham, Swiss cheese, lettuce, tomato, mayo, or shmear

**BACON, SWISS, AND SPINACH** ... **660 Cal**    **\$7.99**

Mixed seed bagel, bacon, Swiss cheese, and spinach with shmear

**BLT** ..... **500-600 Cal**    **\$7.89**

Plain bagel, bacon, lettuce, tomato, mayo, or shmear

**TURKEY PESTO** ..... **610 Cal**    **\$7.79**

Plain bagel, turkey, Swiss cheese, and red onion with shmear

**CLASSIC TURKEY** ..... **460-560 Cal**    **\$7.19**

Mixed seed bagel, turkey, lettuce, tomato, mayo, or shmear

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**ADD-ONS Smoked Salmon \$4.19 (65 Cal)**

**Nutella \$1.89 (310 Cal)**

**Meat \$2.09 (60-150 Cal)**

**Shmear \$1.29 (180-200 Cal)**

**Avocado \$1.79 (95 Cal)**

**Cheese \$1.29 (70-110 Cal)**

**Egg \$1.19 (90 Cal)**

**Veggies \$1.19 (5-10 Cal)**

