IDENTICAL OPTIONS AVAILABLE AT THE GRILL & THE HEARTH/ GLOBAL STATION

BELGIAN WAFFLE



(Contains: Eggs, Milk, Soy, and Wheat)

BUTTERMILK PANCAKES



(Contains: Eggs, Milk, Soy, and Wheat)

CHICKEN SAUSAGE

BACON

CRISPY TATER TOTS



WESTERN FRITTATA

(Contains: Eggs and Milk)

EGGS WITH GOLDEN BROWN HASH BROWN POTATOES, DICED HAM, PEPPER, ONION AND CHEDDAR

MUSHROOM, BROCCOLI, TOMATO FRITTATA



(Contains: Eggs and Milk)

SCRAMBLED EGGS

(Contains: Eggs)



VEGAN OPTIONS AVAILABLE AT THE LOCAL LOAF STATION

TURMERIC TOFU SCRAMBIF. VEGAN

(Contains: Soy)

CRUMBLED TOFU SAUTEED WITH TURMERIC, SALT AND PEPPER

SPICY SWEET POTATO & CORN HASH VEGAN

DICED SWEET POTATOES, CORN, POBLANO PEPPERS, ONION AND GARLIC IN A SWEET CITRUS SAUCE

BEYOND BREAKFAST SAUSAGE



VEGAN BREAKFAST SAUSAGE

ALLERGEN FRIENDLY OPTIONS AVAILABLE AT THE TRUE BALANCE STATION

RANCHERO BREAKFAST BOWL

ROASTED POTATOES & CHICKPEA SCRAMBLE WITH PEPPERS, ONIONS AND CHORIZO THEN TOPPED WITH VEGAN CHEDDAR & RANCHERO SAUCE.

(Made Without: Eggs, Milk, Peanuts, Tree Nuts, Fish, Shellfish, Soy, Wheat, and Gluten)

YOGURT, OATMEAL, & TOPPINGS OPTIONS AVAILABLE AT GREENS & GRAINS

BUILD YOUR OWN YOGURT PARFAIT, CUSTOM OATMEAL BOWL, OR ELEVATE YOUR FRENCH TOAST OR WAFFLE WITH THE FOLLOWING TOPPINGS

- Brown Sugar
- Chocolate Chips (Contains: Milk and Soy)
- Strawberry Topping
- Apple Topping
- Whipped Cream (Contains: Milk)
- Chocolate Syrup
- Caramel Syrup (Contains: Milk)
- Vanilla Yogurt (Contains: Milk)
- Granola (Contains: Soy and Milk)

FRESH FRUIT OPTIONS AVAILABLE AT GREENS & GRAINS STATION

FRESH FRUIT

- Strawberry
- Blueberry
- Blackberry
- Raspberry
- Pineapple
- Quartered Kiwi
- Red Grapes
- Green Grapes
- Dragon Fruit
- Star Fruit

ASSORTED BAKED GOODS AVAILABLE AT GREENS & GRAINS STATION

SWEET TREATS

ASSORTED DANISHES

(Contains: Eggs, Milk, Soy, and Wheat)

ASSORTED MUFFINS

- Chocolate Muffin (Contains: Eggs, Milk, Soy, and Wheat; May Contain Tree Nuts)
- Blueberry Muffin (Contains: Eggs, Milk, and Wheat)
- Gluten Free Blueberry Muffin (Contains: Eggs)

ASSORTED DONUTS

(Contains: Wheat; May Contain: Eggs, Milk, Soy, Peanuts, Tree Nuts, Sesame)

SMOOTHIES AVAILABLE AT THE SWEETEST STING STATION

BERRY SMOOTHE



STRAWBERRY, BLUEBERRY, CRANBERRY, SIMPLE SYRUP, ORANGE JUICE, AND ICE