



# NUTRITIONAL GUIDE

	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGAR (g)	PROTEIN (g)
<b>MEALS</b>										
Original Chicken Tenders, 3 piece	390	14	3	0	90	950	31	2	1	36
Original Chicken Tenders Sandwich	550	25	5	0	65	1340	55	3	9	30
Original Chicken Tenders, 5 piece	640	23	5	0	145	1580	52	3	2	61
Chipotle Honey Chicken Tenders, 3 piece	430	14	3	0	90	1040	43	2	12	37
Chipotle Honey Chicken Tenders Sandwich	510	12	3	0	60	1290	75	3	28	30
Chipotle Honey Chicken Tenders, 5 piece	740	23	5	0	145	1770	76	3	24	61
Crispy Homestyle French Fries	260	13	2	0	0	610	33	2	0	2
<b>SIDES</b>										
Coleslaw	90	6	1	0	10	260	9	2	7	<1g
Signature Sauce	270	26	4	0	15	470	7	0	6	<1g
<b>SAUCES</b>										
Korean Hot Sauce	210	11	2	0	0	2810	24	2	18	3
Jalapeño Ranch	190	20	3	0	20	490	2	0	1	<1g
Boom Boom Sauce	630	66	10	1	53	990	10	<1g	8	1
Hot Honey Garlic Sauce	170	0	0	0	1	550	44	<1g	34	1
Sriracha Scallion Mayo	320	34	5	0	19	460	3	0	3	<1g
<b>DRINKS</b>										
Lemonade	110	0	0	0	0	10	27	0	27	0
Unsweet Iced Tea	0	0	0	0	0	0	0	0	0	0
Sweet Iced Tea	100	0	0	0	0	0	25	0	25	0
Half Iced Tea Half Lemonade	60	0	0	0	0	0	13	0	13	0